1st Course, 1st Class Wednesday, January 11

1. Welcome!

11 Students on the "Wednesday Team".

8 Students on the "Monday Team".

There are 5 Students who started one year ago.

There are about 40 students (I think) in previous programs, but only the current 3 programs are smaller and I work with your more intensively.

EVERYTHING IS 100% CONFIDENTIAL!!!!!!

2. Go to https://www.AstrologyDC.com/wednesday for the schedule of all classes for all 10 courses and a link to recordings and homework for the current course. We can see the homework for each week of the 8 weeks of this course.

The meeting room and this link rarely, if ever, change.

3. The goals of this program: (1) To have you develop

professional proficiency giving consultations using Vibrational Astrology. (2) To understand Vibrational Astrology theory.

To accomplish this in a little over 2 years requires:

- (a) Regular attendance in class. Missing about one class every 2 months is OK, but if you miss more than this, you will find that the recordings are not as good as attending live and you can easily fall behind.
- (b) Spend about an hour every day doing Vibrational Astrology homework. You will learn faster by doing only an hour a day as opposed to spending 8 hours every Saturday.

I have not seen an exception to this yet: Students who are very constant in their studies excel, and those who are inconsistent do not do as well.

Professional astrologers start off with a head start compared to beginners, but beginners have the advantage that it is often easier for them to do "pure VA" and can excel by the end of the program. If you have the time and

motivation to study more, you will probably go to the top of the class so to speak.

4. If you do not have a Zoom account or other way to make record your screen and upload it, please go to zoom.us and get a free account. For some homework assignments in future courses you will record your screen so I can see what you are doing in the program and you will record practice consultations with clients.

5. Reminder: VA Conference early March. Thursday for my past and current students only.

6. What is VA?

(a) Evidence-Based.

Is Leo good for acting? We do not see this in the database. We also do not see it with our clients.

What we see in the data agrees with what we see with clients!

There are many new "tricks" and techniques for Knowledge Discovery. For example, in genetics research Extreme Phenotype Sampling is now used very successfully. We use essentially the same kind of research

method.

VA is compatible with modern professions and academia.

- (b) Has a clear and comprehensive theoretical framework. We have simple theories that explain WHY there are zodiac signs, WHY there are houses, WHY aspects work, WHY arabic parts work, etc. The theoretical framework also helps us make new discoveries.
- (c) Anything not carefully researched might be valid. Feel free to use ANYTHING you want to use in your consultations outside of these classes. In VA not say that ideas outside of VA are wrong; we just say that we have not confirmed them.
- (d) In VA we do not know anything for certain. We have only levels of confidence. We have greatest confidence in ideas that have been confirmed with modern research methods, work very well with clients, and are consistent with VA theory. We also use ideas that are not strong in all of these 3 criteria, but with less confidence.
- (e) VA is Empathic when applied. We feel the chart in the person. We listen and fully take in what the client is saying, we feel as if we could have had the client's chart,

and we feel the circumstances of the client.

VA is similar to athletics where you learn the technique but then get in the zone in a game. It is also similar to music where you learn the notes, etc. but then when performing you emotionally enter into the song.

7. The Sirius software: If you have Sirius 3.0, you do NOT need to upgrade to Sirius 4.0 immediately. You can wait a few months. If you do not have the software yet, please get it and install it before the next class one week from today.

There are a few basic things that are essential to know about using the software. If you do not know these, you can feel lost and confused using it. When you know these few things and they are natural to you, many people report that this is the easiest software to use. We will go over these basics and they are also in youtube videos.

8. The youtube videos: They are given as homework assignments. There are over 600 tutorial videos! They cover an enormous number of topics. You can go to youtube.com and search for "harmonic charts David Cochrane astrology", for example, and see that there are dozens of tutorial videos on this topic. Even Hellenistic,

Vedic etc. topics are covered. Not all videos are given as homework assignments.

- 9. Study Groups and Online Meetings: One of the students on the Wednesday team, Subashish, is making a meeting group. There are many ways to do this: forums for entering information, social networking such as with facebook and other social networks, etc. I do not have anything set up for this yet. Let me know if you would like this and/or you have ideas of how you would like it done.
- 10. Text me at 352-871-1931 and text Fei at 352-871-1910 something like "Hi, this is Sally" so I can put your name in my phone and Fei will put you in her phone in case we want to text you at any time in the future.
- 11. Also, if you see schedule conflicts in the dates of classes, you can text me and we will see if there is a date to reschedule the class. Changes will be made only if all 8 students are comfortable with the change, and this is somewhat unlikely.